

An awakened 'Me' as a key to a thriving 'We'



Nataša Mojsilović the RIPE NCC, May 2024

Who am I?

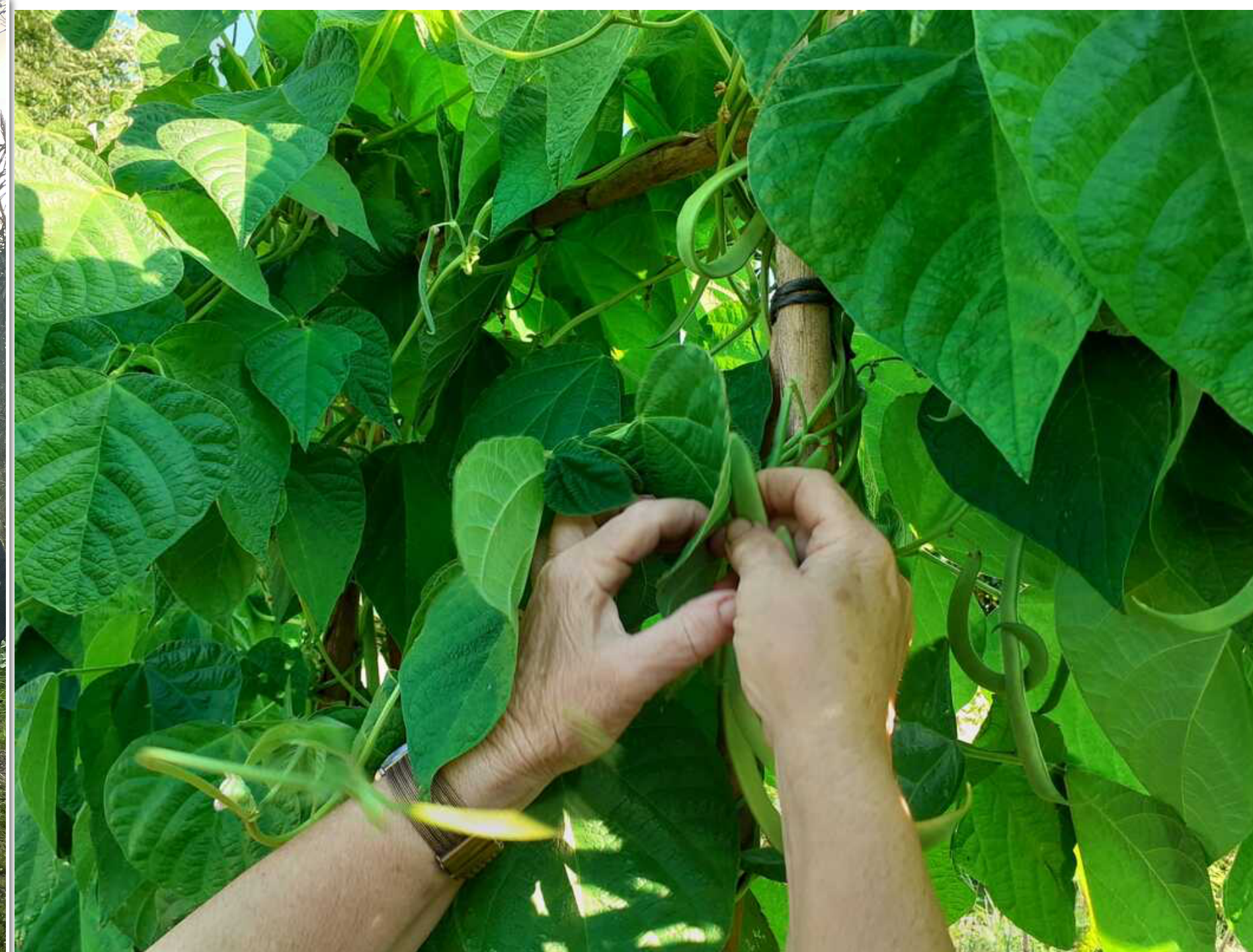


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Redesigning our environment and behaviour inspired by healthy natural eco-systems



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- from consumption to contribution mindset-what can I give?
- all life is sacred!
- what is the impact of our actions 7 generations from now?

Earth care

Corn, beans and pumpkin- the three sisters



Finding allies in unexpected corners

People care- Interbeing

Listening, serving, loving everyone



Three poisons of Body Speech Mind

Aversion, Attachment, Ignorance

Three precious pills

Stillness, Silence, Spaciousness



NIYAMAS

HOW WE INTERACT WITH
OURSELVES



CLEANLINESS



CONTENTMENT



DISCIPLINE



SELF STUDY



FAITH

YAMAS

HOW WE INTERACT WITH THE
WORLD



NON-VIOLENCE



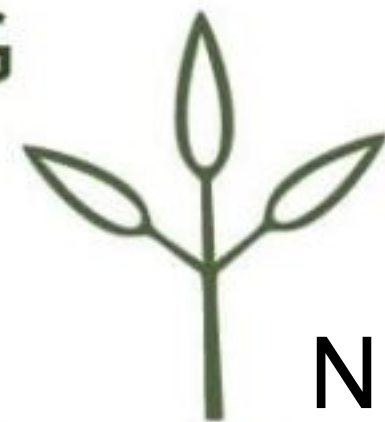
TRUTH



NON-STEALING



MODERATION



NON-GREEDINESS

Fair Share



-abundance-mindset- tapping into “enough”

-everyone belongs, contributes, has equal rights and is accountable

Compassion in action



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What action are you ready to take today to honour the life you have?

